

AMENDED IN ASSEMBLY AUGUST 13, 2013

Senate Concurrent Resolution

No. 58

**Introduced by Senator Beall
(Coauthor: Senator Anderson)**

July 1, 2013

Senate Concurrent Resolution No. 58—Relative to Restless Legs Syndrome/Willis-Ekbom Disease Awareness Day.

LEGISLATIVE COUNSEL'S DIGEST

SCR 58, as amended, Beall. Restless Legs Syndrome/Willis-Ekbom Disease Awareness Day.

This measure would proclaim September 23, 2013, as Restless Legs Syndrome/Willis-Ekbom Disease Awareness Day in California.

Fiscal committee: no.

- 1 WHEREAS, Restless Legs Syndrome/Willis-Ekbom disease is
2 a neurological disorder characterized by unpleasant sensations in
3 the legs and a distressing, irresistible urge to move them; and
4 WHEREAS, An estimated 10 million adults in the United States,
5 totaling 3 percent of our country, and millions of others worldwide
6 have been affected by Restless Legs Syndrome/Willis-Ekbom
7 disease, a disease for which there is no known cure; and
8 WHEREAS, Restless Legs Syndrome/Willis-Ekbom disease is
9 difficult to diagnose; and
10 WHEREAS, Symptoms typically include an urge to move the
11 legs, caused by uncomfortable and unpleasant sensations in the
12 legs, presenting or worsening in the evening or night, and
13 additionally, daytime symptoms of Restless Legs
14 Syndrome/Willis-Ekbom disease have been established; and

1 WHEREAS, Restless Legs Syndrome/Willis-Ekbom disease
2 has an impact on sleep, concentration, and work productivity; with
3 68.6 percent of patients needing more than 30 minutes, generally
4 regarded as pathologic, to initiate sleep and 60.1 percent waking
5 three or more times per night; with 49.7 percent of patients
6 reporting that symptoms adversely affect next day concentration;
7 and with patients with moderate to severe Restless Legs
8 Syndrome/Willis-Ekbom disease having an overall mean loss of
9 workplace productivity of one day per 40-hour workweek; and

10 WHEREAS, Increased awareness and expanded knowledge of
11 the realities of life with Restless Legs Syndrome/Willis-Ekbom
12 *disease* will allow the community at large to better support people
13 who struggle with the challenges of this condition; and

14 WHEREAS, The Restless Legs Syndrome Foundation, a
15 nonprofit organization, and other groups around our country have
16 joined together to promote Restless Legs Syndrome/Willis-Ekbom
17 disease awareness and support, including improved education,
18 diagnosis, research, and treatment; and

19 WHEREAS, The Restless Legs Syndrome Foundation is urging
20 patients, their supporters, health care providers, and the general
21 public to demonstrate their caring by sharing the road on which
22 patients walk, the facts about Restless Legs
23 Syndrome/Willis-Ekbom disease, and the growing awareness of
24 the etiology of this disorder and treatments; and

25 WHEREAS, The community's focus on Restless Legs
26 Syndrome/Willis-Ekbom disease and its impact on patients' lives
27 will help give hope for a brighter future for people with Restless
28 Legs Syndrome/Willis-Ekbom *disease*; now, therefore, be it

29 *Resolved by the Senate of the State of California, the Assembly*
30 *thereof concurring*, That the California Legislature hereby
31 recognizes the needs of these chronically ill people and proclaims
32 September 23,—~~2013~~ 2013, as Restless Legs
33 Syndrome/Willis-Ekbom Disease Awareness Day and urges all
34 our citizens to support the search for a cure and to assist those
35 individuals and families who deal with this condition on a daily
36 basis; and be it further

37 *Resolved*, That the Secretary of the Senate transmit copies of
38 this resolution to the author for appropriate distribution.

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